

## **NEWS RELEASE**

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### **GRANT HELPS WITH TEACHING LIFE SKILLS AT WOMEN'S CRISIS CENTER**

**Boise, ID** – Key Foundation, funded by KeyCorp, has given a grant of \$3000 to the Women's and Children's Alliance in Boise to help provide life skills to women staying at Serena's House, a secure shelter. Sixteen women and thirty-four children currently receive housing, educational opportunities, and counseling from Serena's House. All the women are victims of domestic and/or sexual violence.

Life skills taught to the women include resume writing, parenting classes, financial literacy, interviewing skills and goal setting. Each woman works with a case manager to establish a plan to provide her with the skills she needs for her specific situation. It is this personal approach that increases chances for success.

Last year the WCA provided approximately 15,000 safe bed nights to 316 women and their children. About 75% of women who come to the WCA bring children with them. The secure shelter provides refuge for 3 to 4 months and the transitional homes prepare women and their children to re-enter the community successfully and safely.

**About WCA:** Established in 1980, the Women's and Children's Alliance provides safe shelter, education, opportunity, and hope to victims of domestic or sexual violence. The WCA operates secure shelters and transitional homes, while also providing professional counseling, legal advocacy, outreach, and crisis services to women and children. For more information visit [www.wcaboise.org](http://www.wcaboise.org).

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