

# ARE YOU IN AN UNHEALTHY RELATIONSHIP?

## HAS YOUR PARTNER OR FRIEND EVER:

- Touched you in a way that hurt or scared you?
- Insulted you or put you down?
- Limited where you go, what you do, and who you hang out with?
- Told you their jealousy or possessiveness is a sign of love?
- Monitored your phone or social media without your permission?
- Made you have sex in ways or at times that you were uncomfortable with?
- Blamed you for the abuse?
- Made you afraid of their temper or mood swings?

If you answered 'yes' to any of these questions, you may be in an abusive relationship. You are not alone. There are people in our community that can help!



**WCA 24-HOUR HOTLINE - 208.343.7025**

**LOVE IS RESPECT - 866.331.9474  
OR TEXT 'LOVEIS' TO 22522**